

Food Allergies and Sensitivities

The BUILT has listed the top 8 food allergens recommended by the FDA.

The X indicates the item contains the specified allergen.

	Allergens							
	Eggs	Milk	Fish	Peanuts	Shellfish	Soy	Tree Nuts	Wheat Gluten
Burgers / Bowls								
Cheeseburger		X				X		X
Bacon Cheeseburger	X	X				X		X
LA Way	X	X						X
California Chicken Club	X	X				X		X
Breakfast Burger	X	X						X
Impossible Burger	X	X				X		X
Sides								
Shoestring Fries								
Fries with Garlic Aioli	X	X						
Tots								
Tots with Garlic Aioli	X	X						
Sweet Potato Fries								
Kids								
Minis	X	X				X		X
Grilled cheese		X				X		X
Chicken Tenders	X	X				X		X
Apple sauce								
Mini Beef Burgers	X	X				X		X
Shoestring Fries								
Side Salad								
Sweet Potato Fries								
Protein								
All-natural Beef								
Turkey								
Chicken Breast						X		
Vegan Veggie								X
Impossible Burger						X		
Cheese								
Tillamook Cheddar		X						
American		X				X		
Blue Cheese		X						
Swiss Cheese		X						
Pepper Jack Cheese		X						
Vegan Cheese								
Style								
Brioche - Turano								X
Multigrain/Whole Wheat								X
Hawaiian (mini buns for kids)	X	X				X		X
Gluten Free	X							
Pretzel		X						X
Lettuce Blend								
Organic Mixed Greens								
Sauces, Aioli, Dressing								
Oil and Vinegar								
Sriracha Aioli	X	X						
BUILT relish								
Sweet Sriracha								
Mayo	X	X						
Dijon Balsamic								
Ranch	X	X						
Honey Dijon	X							
Honey Mustard	X							
BUILT Sauce	X							
Garlic Aioli	X							
Chipotle Aioli	X							
BBQ Sauce								
Ketchup								
Mustard								

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	Eggs	Milk	Fish	Peanuts	Shellfish	Soy	Tree Nuts	Wheat Gluten
Toppings								
Lettuce Blend								
Organic mixed Greens								
Tomatoes								
Dried Cranberries								
Cucumbers								
Carrot Strings								
Red Onions								
Grilled Red Onions								
Sauteed red peppers								
Tortilla Strips								
Fresh Jalapenos								
Dill Pickles								
Pepperoncini's								
Roasted Red Peppers								
Grilled Pineapple								
Pico de Gallo								
Coleslaw	x							
Applewood Smoked Bacon								
Sautéed Mushrooms								
Sunny Side Up Egg	x							
Guacamole								
Sautéed Onions								
Eggs								
Fried (2 eggs)	x							
Beverage - Refreshers and Soda								
Coke								
Diet Coke								
Sprite								
Fanta Orange								
Barq's Root Beer								
Pibb Extra								
Sprite Zero								
Coke Zero								
Fresh Brewed Iced Tea								
Acqua Panna								
San Pellegrino								
Beverage - Shakes & Floats								
Chocolate		x						
Vanilla		x						
Strawberry		x						

Your health is of utmost concern to us. Please be aware that The Counter® products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Allergen information The Counter® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers and regional menu variations.